



# Obstructive Sleep Apnea with Polysomnography-A Basic Course

## PROGRAM HIGHLIGHTS

- OSA-Spectrum and Impact
- Management of OSA
- Challenges in management of OSA
- Introduction to Polysomnography
- PSG Report Interpretation
- CPAP Titration study
- Live Small Group Workshop

**1st April to 2nd April 2017**

**Venue: Hyderabad-  
Marriott Hotel**

**Course Coordinators:**

**Dr.Manvir Bhatia**

**Dr.Preeti Devnani**

## Mode of Payment

### Registration Fee

Early Bird until 20th March  
2017-Rs 3500

After 20th March 2017-Rs 4500

**Company Name: ACE SCHOOL OF SLEEP &  
MEDICINE**

**A/C NO. – 1747928**

**Bank – RATNAKAR BANK**

**Branch–HAUZ KHAS, NEW DELHI –110016**

**IFSC CODE – RATN0000141,**

**SWIFT CODE – RATNINBB**

**DD you can Email or post to – Dr. Manvir  
Bhatia, L-23, Hauz Khas Enclave,  
New Delhi-**

**110016, Ph.01146070321**

For more information please visit: [www.assm.in](http://www.assm.in)

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## ACE SCHOOL OF SLEEP MEDICINE

### **Centre of Excellence – Level II Training with ACE School of Sleep Medicine**

Dates & Location: Hyderabad –Mariott Hotel (1<sup>st</sup> – 2<sup>nd</sup> April 2017)

#### **Day 1: Clinical approach to OSA & PSG**

<b>Time</b>	<b>Topic</b>	<b>Speaker</b>
12.30 pm – 1.30 pm	Lunch and Registration	
1.30 pm – 1.45 pm	Overview of the course – Pre test	Dr Bhatia
1.45 pm – 2.15 pm	Introduction -Why do we sleep? (Including sleep physiology)	Dr Khurana
2.15 pm –2.45 pm	Overview of SDB & OSA	Dr Bhatia
2.45 pm – 3.15 pm	OSA spectrum and impact (Including co-morbidities)	Dr Devnani
3.15 pm – 3.30 pm	Tea Break	
3.30 pm – 4.15 pm	Types of sleep studies (+ basic terminology – apnoea/ AHI/ screening questionnaires)	Dr Bhatia
4.15 pm – 5.00 pm	Ambulatory PSG (Alice PDX)	Dr Devnani
5.00 pm – 5.30 pm	Interpretation of the report (including common FAQs asked by the patients )	Dr Devnani
5.30 pm – 6.30 pm	Demonstration of the Alice PDX + Live Hook up	Dr Devnani/ Dheepan

## Day 2: Management of OSA & CPAP therapy

10.00am –10.20 am	Recap of Day 1	Dr Bhatia
10.20am – 10.45am	Investigations in OSA	Dr Devnani
10.45am –11.30 am	Management of OSA (Life style/ surgery/ Mandibular devices)	Dr Bhatia
11.30am – 11.45am	Tea Break	
11.45am – 12.15pm	CPAP therapy (Including titration)	Dr Bhatia
12.15pm – 12.45pm	Challenges in management of OSA (compliance)	Dr Devnani
12.45 pm – 1.15 pm	Q & A session	Dr Bhatia/ Dr Devnani
1.15pm – 2.00pm	Hands on CPAP devices + Interfaces	Dr Khurana/ Dheepan
2.00 pm onwards	Distribution of certificates followed by Lunch	